

New Life Centre Counselling Service

Dear Client,

Many thanks for contacting us recently with regards to attending our counselling service. Reaching out for support is not always an easy step, but it is always a good first step in the right direction. I have enclosed a ***New Life Centre Counselling Service Information Leaflet*** which outlines what you can expect from us.

We like to keep waiting times for an appointment to a minimum so in this regard, can I ask that you complete and sign the enclosed ***Client Self-Referral Form*** and return it us as soon as possible using the pre-addressed envelope provided. When we receive the form back we can then set up an initial session with a counsellor.

If you need to discuss the form with us, please don't hesitate to get in touch by texting, emailing or calling our reception at 01 847 4599 and we will get back to you as soon as we can. You can also call this number if you would like to arrange to call in and fill out the form in person, or if you need help with it over the phone.

Yours sincerely,

Joan McDonald
Centre Manager